



2009 USA Cycling Velodrome Championships
LA Velodrome, Carson, CA
August 8 & 9, 2009
Held under USA Cycling Permit Number 2009 -



Registration: **PRE-REGISTRATION IS REQUIRED AT WWW.SOCALREG.COM.** Registration closes at midnight PST, Thursday, August 6, 2009.

Entry Fees: \$15/person per event (e.g. each member of a Madison, Team Pursuit, or Team Sprint team pays \$15) plus \$20 track fee per day¹.

Categories:

Men Time Trials	Cat 1 - 4	Racing age 17+
Men Mass Start*	Cat 1 - 3	Racing age 17+
Women All Events*	Cat 1 - 4	Racing age 17+

* Velodrome Certification: To be eligible for mass start races at the LA Velodrome Velodrome, you must be a Track Category 1 or 2 or already hold an LA Velodrome Certification. **YOU MUST BE CERTIFIED IN ORDER TO RACE MASS START RACES...NO EXCEPTIONS.** Certification is NOT required for Time Trials. No certification class will be offered the day of the races.

To get a head start on certification and review local track etiquette, see <http://lavelodrome.org/Training/AccelClassSummary.htm>. For a schedule of certification opportunities, check the calendar at <http://LAVelodrome.org>

Medals: USA Cycling will provide medals for the top 3 cyclists/teams in each event.

Qualification: Riders qualify for the USAC Elite National Track Cycling Championships in Sprint or Endurance events. Cyclists may enter to ride any or all of the events at Nationals in their qualified area.

Sprint Events

Match Sprint, TT (500m or 1km), Keirin, Team Sprint

Endurance Events

Ind. Pursuit, Scratch, Points Race, Madison, Team Pursuit

Men:

The top 5 riders in individual events and the top 3 in the team events qualify.

Women:

The top 3 riders in individual events and the 1st team in team events qualify.

If a previously qualified rider finishes in the top 5 for men or top 3 for women, results will not be adjusted to move lower finishing riders into qualifying positions.

Prior to entry, cyclists should check that they meet all other requirements for entry into championship events (proof of citizenship, category restrictions, etc.).

Website: <http://LAVelodrome.org>

Contact: Heather Allen 714.393.4695 or email - racing@lavelodrome.org

Notes:

- 1) Location/Directions/Parking: The LA Velodrome is located at the Home Depot Center (HDC) in Carson, CA. See www.homedepotcenter.com for driving directions. Limited free parking is available in the HDC lots. Addition parking is available in adjacent Cal State University Dominguez Hills remote parking lots for a fee.
- 2) www.socalreg.com charges a fee for race entries.
- 3) Registration is located on concourse.
- 4) Track Usage Fees are also required by the Home Depot Center in addition to LAVRA Entry Fees. Track Usage Fees are \$20 per session or riders can purchase a 10-session card for \$160. Annual “unlimited use” cards are also available. Riders can reduce Track Usage Fees to \$10 per session by volunteering at LAVRA, USA Cycling, UCI or other track events held at the LA Velodrome. See www.lavelodrome.org for volunteer opportunities. Riders shall be identified as volunteers by the Velodrome Director. Junior Track Usage Fees are \$10 unless otherwise specified by the Velodrome Director. Track Usage Fees are paid day of race.
- 5) Riders must wear their race numbers at all times when on the track surface, including warmup.
- 6) Madison riders must have previous Madison race experience and/or be approved by the Velodrome Director and race promoter.
- 7) The points race sprints will occur every 10 laps unless otherwise posted.
- 8) Women’s Team Pursuit will be teams of 3 starting, with time taken off the front wheel of the third rider at the finish. All three riders must complete all laps.
- 9) Men’s Team Pursuit will be teams of 4 starting, with time taken off the front wheel of the third rider at the finish. At least 3 riders must complete all laps.
- 10) There will be limited opportunities for riders to warm up on the track, so riders should consider bringing rollers or stationary trainers. Time Trial riders who are not certified to ride on the LA Velodrome will not be allowed on the track during open warmup and should be prepared to do all their warm-ups off the track.
- 11) Please do not cross the track surface unless directed to do so by Velodrome management or staff. Use south entry for bikes and gear.
- 12) All mass start fields are limited to 24 riders. Heats will be run if necessary. Check schedule and start lists at www.lavelodrome.org available Friday, August 7 at 6pm.
- 13) Check www.lavelodrome for current parking information and race updates.
- 14) Rental bikes are not available for racing.



Schedule of Events

August 8

Session 1

Velodrome Opens at 8:00 am

Riders must sign in, pick up race numbers, and pay track fees by 9:00 am

Events begin at 9:30 am

Men Kilometer TT

Women 500m TT

Men 4km Pursuit TT

Women 3km Pursuit

Men Keirin Heats

Women Keirin Heats

Men Keirin Semi Final

Women Keirin Final

Men Keirin Final

Session 2

Velodrome Opens at 2:00 pm

Riders must sign in, pick up race numbers, and pay track fees by 3:00 pm

Events begin at 3:30 pm

Women Points Race (100 laps; sprint every 10 laps)

Men Points Race (120 laps; sprint every 10 laps)

Women Team Sprint Final

Men Team Sprint Final

August 9

Session 1

Velodrome Opens at 8:00 am

Riders must sign in, pick up race numbers, and pay track fees by 9:00 am

Events begin at 9:30 am

Women Team Pursuit - 3km TT

Men Team Pursuit - 4km TT

Session 2

Velodrome Opens at 12:00 pm

Riders must sign in, pick up race numbers, and pay track fees by 1:00 pm

Events begin at 1:30 pm

Women 200m TT (flying start)

Men 200m TT (flying start)

Women Sprint ¼ Finals - One Ride

Men Sprint ¼ Finals - One Ride

Women Sprint Semi Final - One Ride

Men Sprint Semi Final - One Ride

Men Scratch Race Final (60 laps)

Women Sprint Minor Final (5-8)

Men Sprint Minor Final (5-8)

Women Sprint Final - Ride #1 (Ride for 3-4, Ride for 1-2)

Men Sprint Final - Ride #1

Women Sprint Final - Ride #2

Men Sprint Final - Ride #2

Women Scratch Race Final (40 laps)

Women Sprint Final - Ride #3

Men Sprint Final - Ride #3

Madison Final (120 laps; sprint every 20 laps)

The promoter reserves the right to shorten any of the race distances to fit the field. Breaks may be added for match sprinters between rides.

