

LAVRA
LA VELODROME RACING ASSOCIATION PRESENTS



LAVRA CUP
TIME TRIALS AND OMNIUMS

ADT EVENT CENTER, CARSON, CA

FEBRUARY 16 • MARCH 8 • SEPTEMBER 27

WWW.LAVELODROME.ORG



LAVRA CUP TIME TRIALS AND OMNIUMS
ADT Event Center, Carson, CA
February 16 • March 8 • September 27
Held under USA Cycling Permit Number 2008 - 304

New for 2008 - ON LINE PRE-REGISTRATION - www.socalreg.com

Location/Directions/Parking: The ADT Event Center is located at the Home Depot Center (HDC) in Carson, CA. Enter HDC from the University Avenue entrance. See www.homedepotcenter.com for driving directions. Limited free parking is available at the ADT Event Center parking lot. Additional parking is available in adjacent Cal State University Dominguez Hills remote parking lots for a fee.

Other Information: Registration is located on concourse. Please do not cross the track surface unless directed to do so by Velodrome Director, Officials, or race promoter. Riders must wear their race numbers at all times when on the track surface, including warmup.

LAVRA Cup Time Trials
Racing 9am - 1pm
Registration 7:30am - 8:45am
Track opens for warm up at 8am

Race No.	Category	Event	Distance	Entry Fee ⁽²⁾	Awards
1	Open ⁽¹⁾	Team Time Trial	3000m or 4000m	\$10 per team	Training Race
2	Open ⁽¹⁾	Time Trial	Flying 200m	\$5	Time towards Flying 200m LAVRA Cup ⁽³⁾
3	Open ⁽¹⁾	Time Trial	500m	\$5	Time towards 500m LAVRA Cup ⁽³⁾
4	Open ⁽¹⁾	Time Trial	3000m	\$5	Time towards 3000m LAVRA Cup ⁽³⁾
5	Open ⁽¹⁾	Time Trial	1000m	\$5	Time towards 1000m LAVRA Cup ⁽³⁾
6	Open ⁽¹⁾	Time Trial	2000m	\$5	Time towards 2000m LAVRA Cup ⁽³⁾
7	Open ⁽¹⁾	Time Trial	4000m	\$5	Time towards 4000m LAVRA Cup ⁽³⁾

(1)Time Trials are open to any rider with a valid 2008 USA Cycling license or with the purchase on a one-day license. Riders that are not a Category 1 or 2 or already hold an ADT Velodrome Certification must warm up on a trainer or rollers, and may not warm up on the track

(2a)On-line pre-registration is encouraged. Day-of race registration adds \$5 per event.

(2b)Track Usage Fees are also required by the Home Depot Center in addition to LAVRA Entry Fees for racing. Track Usage Fees are \$20 per session or riders can purchase a 10-session card for \$160. Riders can reduce Track Usage Fees to \$10 per session by volunteering or being a member of a club which volunteers, at LAVRA, Momentum, USA Cycling, UCI or other events held at the ADT Event Center. Riders shall be identified as volunteers by the Velodrome Director. Junior Track Usage Fees are \$10 unless otherwise specified by the Velodrome Director. Track Usage Fees are paid day of race.

(3)A 2008 LAVRA Cup will be awarded for each distance based on the lowest cumulative elapsed time from the February 16, March 8, and September 27 events. To be eligible for the LAVRA Cup, riders must participate in the distance at each of the 3 LAVRA Cup events. LAVRA Cup winners will receive a trophy and jersey. Prizes will also be awarded to the 2nd and 3rd place finishers.

LAVRA Cup Omniums
Racing begins at 3pm
Registration 1:30 - 2:45pm

Track opens for warm up at 2pm and may close for the Certification Clinic

Race No.	Category ⁽⁴⁾	Event	Distance ⁽⁵⁾	Entry Fee ⁽⁶⁾	Omnium Awards
7	1/2/3 ⁽⁷⁾	Scratch Madison	50 Laps	\$5 per team	Eligibility for Madison Event Oct. 10 & 11
8	Juniors ⁽⁸⁾	Unknown Distance		FREE	
9	40+	Miss-n-Out		\$15	
10	4/5	Points Race	40 Laps ⁽⁹⁾	\$15	
11	Women	Scratch	15 Laps	\$15	
12	1/2/3	Points	70 Laps ⁽⁹⁾	\$20	
13	Juniors	Scratch	10 Laps		
14	40+	Scratch	15 Laps		
15	4/5	Tempo	15 Laps		
16	1/2/3	Tempo	20 Laps		
	Intermission	15 minutes			
17	Women	Miss-n-Out			
18	1/2/3	Miss-n-Out			
19	40+	Points Race	30 Laps ⁽⁹⁾		Points towards 40+ Omnium LAVRA Cup ⁽¹¹⁾
20	4/5	Scratch	15 Laps		Points towards 4/5 Omnium LAVRA Cup ⁽¹¹⁾
21	Juniors	Handicapped Tempo Race	10 Laps ⁽¹⁰⁾		Points towards Junior Omnium LAVRA Cup ⁽¹¹⁾
22	Women	Points Race	30 Laps ⁽⁹⁾		Points towards Women Omnium LAVRA Cup ⁽¹¹⁾
23	1/2/3	Scratch	20 Laps		Points towards 1/2/3 Omnium LAVRA Cup ⁽¹¹⁾

(4) To be eligible for mass start races, you must have a valid 2008 USA Cycling license and be a Category 1 or 2 or already hold an ADT Velodrome Certification. Velodrome Staff must certify all other racers the day of the race. A free accreditation clinic will be offered at 2pm. Riders must successfully complete the accreditation clinic in order to be certified to race. No one-day licenses will be issued for mass start races. Junior gears will be enforced.

(5) The promoter reserves the right to shorten any of the race distances or modify the event to fit the field.

(6a) On-line pre-registration is encouraged. Day-of race registration adds \$5 per event.

(6b) Track Usage Fees are also required by the Home Depot Center in addition to LAVRA Entry Fees for racing. Track Usage Fees are \$20 per session or riders can purchase a 10-session card for \$160. Riders can reduce Track Usage Fees to \$10 per session by volunteering or being a member of a club which volunteers, at LAVRA, Momentum, USA Cycling, UCI or other events held at the ADT Event Center. Riders shall be identified as volunteers by the Velodrome Director. Junior Track Usage Fees are \$10 unless otherwise specified by the Velodrome Director. Track Usage Fees are paid day of race.

(6c) Riders who qualify for a second category pay \$10 for the second race, after paying the higher Entry Fee.

(6d) Junior Omnium Entry Fees are FREE, courtesy of SCNCA. Juniors racing 1/2/3, 4/5 or Women pay entry fees.

(7) Madison riders must have previous Madison race experience and/or be approved by the Velodrome Director and race promoter. A minimum of 6 teams is required for the event to be held.

(8) Junior boys and girls will race together, but be scored separately.

(9) The points race sprints will occur every 10 laps.

(10) Handicapping is based on the placing in the unknown distance race.

(11) A 2008 LAVRA Cup will be awarded for each category based on the omnium results from the February 16, March 8, and September 27 events. To be eligible for the LAVRA Cup, riders must participate in the category at each of the 3 LAVRA Cup events. LAVRA Cup winners will receive a trophy and jersey. Prizes will also be awarded to the 2nd and 3rd place finishers. Points earned in one category are not transferable to another.