

**LAVRA Cup #3 Omnium Race Schedule  
19/5/2011**

Field	Race	laps	Sprints every	Points/sprint
Men sprints	Flying 200			
Women Sprints	Flying 200			
Juniors-older	Points race	32	8	5,3,2,1
Juniors-younger	scratch race	10		
M1/2/3	points race	60	10	5,3,2,1
W1/2/3	scratch race	20		
Men 3/4	Tempo	15	1	2,1 (3,2,1 final)
W3/4	scratch race	15		
Men 4/5	Unknown distance			
Masters 45+	scratch race	20		
<b>Sprints Round 1</b>				
Juniors-older	scratch race	15		
Juniors-younger	handicap or australian pursuit (depending on number of riders)			
M1/2/3	Win and Out	15		10 laps to first bell
W1/2/3	Miss and Out			
Men 3/4	Points Race	40	10	5,3,2,1
W3/4	Miss and Oiut			
Men 4/5	Miss and Out			
Masters 45+	Points Race	40	10	5,3,2,1
<b>Sprints Round 2</b>				
Juniors-older	Miss and Out			
Juniors-younger	unknown distance			
M1/2/3	Miss and Out			
W1/2/3	Points race	40	10	5,3,2,1
Men 3/4	Win and out	10		5 laps to first bell
W3/4	Tempo	10	1	2,1 (3,2,1 final)
Men 4/5	Points race	40	10	5,3,2,1
Masters 45+	Win and Out	10		5 laps to first bell
<b>Sprints Round 3</b>				
	if needed			
M/W 1/2/3	Madison	100	20	5,3,2,1

Sprint format and heats may be adjusted depending on attendance  
Fields may be eliminated or combined depending on attendance

**LAVRA Cup Prize List March 5, 2011**

Prize	1st	2nd	3rd
45+	\$30	\$20	\$15
M123	\$50	\$40	\$30
W123 Sprint	\$25	\$20	\$15
W123	\$50	\$40	\$30
M123 Sprint	\$25	\$20	\$15
Total		\$425	