



LAVRA

Friday Night Training Races

ADT Event Center, Carson, CA
8 pm to 10 pm



Held under USA Cycling Permit Number 2009 - 99

Jan 9, Jan 30, Feb 13, Feb 27, Mar 27, Apr 3, Apr 17, May 1, May 15, Jun 5, Jun 19

- Registration is located on concourse 6:30 pm - 7:45 pm. Track opens for warmup at 7 pm
 - Entry Fee: \$10 (\$15 on-site, \$80 in advance for all eleven) plus track usage fee

Save by registering online at - <http://www.socalreg.com>

Location/Directions/Parking: The ADT Event Center is located at the Home Depot Center (HDC) in Carson, CA. Enter HDC from the University Avenue entrance. See www.homedepotcenter.com for driving directions. Limited free parking is available at the ADT Event Center parking lot. Additional parking is available in adjacent Cal State University Dominguez Hills remote parking lots for a fee.

To ride at the ADT Event Center you must have a valid current USA Cycling license and be a track Category 1 or 2 or already hold an ADT Velodrome Certification. There will be no certification class offered at Friday Night Training Races.

Riders may self select into Categories A, B, or C ⁽²⁾

Promoter reserves the right to change which field racers ride in at any time.

Field	Description	Field Limit
A	Generally experienced, competitive racers. These races will be fast and aggressive.	24
B	Strong riders with some racing experience but not competitive with the fast local racers. Riders who are strong but with limited track racing experience will probably be more comfortable here than in the A field	20
C	Riders who are slower and/or less experienced. Beginning track racers.	15

Races: Each field will ride at least three mass start events per night, usually starting with a motorpaced scratch race to allow riders delayed by LA traffic an effective warmup during the racing. Lengths will vary to provide fun racing for endurance riders and sprinters. Event lists will generally be posted at <http://LAVelodrome.org> prior to each training race.

Riders must wear their race numbers at all times when on the track surface, including warmup.

Please do not cross the track surface unless directed to do so by Velodrome Director, Officials, or race promoter.

Track Usage Fees are also required by the Home Depot Center in addition to LAVRA Entry Fees. Track Usage Fees are \$20 per session or riders can purchase a 10-session card for \$160. Annual “unlimited use” cards are also available. Riders can reduce Track Usage Fees to \$10 per session by volunteering at LAVRA, USA Cycling, UCI or other events held at the ADT Event Center. See <http://LAVelodrome.org> for volunteer opportunities. Riders shall be identified as volunteers by the Velodrome Director. Junior Track Usage Fees are \$10 unless otherwise specified by the Velodrome Director. Track Usage Fees are paid day of race.