



# LAVRA CUP OMNIUMS

ADT Event Center, Carson, CA  
February 7 • March 14 • April 25 •  
May 9 • September 26



Held under USA Cycling Permit Number 2009 -

Save by registering online at - <http://www.socalreg.com>

Location/Directions/Parking: The ADT Event Center is located at the Home Depot Center (HDC) in Carson, CA. Enter HDC from the University Avenue entrance. See [www.homedepotcenter.com](http://www.homedepotcenter.com) for driving directions. Limited free parking is available at the ADT Event Center parking lot. Additional parking is available in adjacent Cal State University Dominguez Hills remote parking lots for a fee.

To be eligible for mass start races, you must have a valid current USA Cycling license and be a track Category 1 or 2 or already hold an ADT Velodrome Certification. Velodrome Staff must certify all other racers the day of the race. A free accreditation clinic will be offered at 8 am and 2 pm. Riders must successfully complete the accreditation clinic in order to be certified to race. No one-day licenses will be issued for mass start races. Junior gears will be enforced.

A 2009 LAVRA Cup will be awarded for each category based on the omnium results from all 5 events. To be eligible for the LAVRA Cup, riders must participate in the category in all five LAVRA Cup events. LAVRA Cup winners will receive a trophy and jersey. Points earned in one category are not transferable to another

## LAVRA Cup Omniums

Racing begins at 3 pm

Registration 1:30 pm- 2:30 pm

Day-of race registration adds \$5 per event

Track opens for warm up at 2 pm and may close for the Certification Clinic

All fields limited to 24 riders

Race No.	Category	Event	Distance	Entry Fee <sup>1</sup>	Omnium Awards
1	1/2/3	Scratch Madison	50 Laps	\$10 per team	Medals
2	Juniors	Unknown Distance		FREE	Medals
3	40+	Miss-n-Out		\$15	\$
4	4/5	Points Race	40 Laps	\$15	\$
5	Women	Scratch	15 Laps	\$15	\$
6	1/2/3	Points	70 Laps	\$20	\$
7	Juniors	Scratch	10 Laps		
8	40+	Scratch	15 Laps		
9	4/5	Tempo	15 Laps		
10	1/2/3	Tempo	20 Laps		
	Intermission	15 minutes			
11	Women	Miss-n-Out			
12	1/2/3	Miss-n-Out			
13	40+	Points Race	30 Laps		
14	4/5	Scratch	15 Laps		
15	Juniors	Handicapped Tempo Race	10 Laps		
16	Women	Points Race	30 Laps		
17	1/2/3	Scratch	20 Laps		

## Other Information:

- Registration is located on concourse.
- Track Usage Fees are also required by the Home Depot Center in addition to LAVRA Entry Fees. Track Usage Fees are \$20 per session or riders can purchase a 10-session card for \$160. Annual “unlimited use” cards are also available. Riders can reduce Track Usage Fees to \$10 per session by volunteering at LAVRA, USA Cycling, UCI or other events held at the ADT Event Center. See <http://LAVelodrome.org> for volunteer opportunities. Riders shall be identified as volunteers by the Velodrome Director. Junior Track Usage Fees are \$10 unless otherwise specified by the Velodrome Director. Track Usage Fees are paid day of race.
- Riders must wear their race numbers at all times when on the track surface, including warmup.
- Riders who qualify for a second category pay \$10 for the second race, after paying the higher Entry Fee.
- Madison riders must have previous Madison race experience and/or be approved by the Velodrome Director and race promoter.
- Junior Omnium Entry Fees are FREE, courtesy of SCNCA. Juniors racing 1/2/3, 4/5 or Women pay entry fees.
- Junior boys and girls will race together, but be scored separately.
- Junior Tempo Handicapping is based on placing in the unknown distance race.
- The promoter reserves the right to shorten any of the race distances or modify the event to fit the field.
- The points race sprints will occur every 10 laps unless otherwise posted.
- Please do not cross the track surface unless directed to do so by Velodrome Director, Officials, or race promoter.
- Check [WWW.LAVelodrome.org](http://WWW.LAVelodrome.org) for current parking information and race updates.

