



JUNIOR (Get Ready For Nationals) OMNIUMS
LA Velodrome, Carson, CA
MAY 23, 2009 and JUNE 28, 2009
Racing begins at 4pm May 23rd (June 28 TBA)
Registration 2:30pm - 3:30pm
Held under USA Cycling Permit Number 2009 -
Presented by Momentum/Hawk Relay Cycling



Location/Directions/Parking

The LA Velodrome is located at the Home Depot Center (HDC) in Carson, CA. Enter HDC from the Avalon entrance. See www.homedepotcenter.com for driving directions. Limited free parking is available at the LA Velodrome parking lot. Additional parking is available in adjacent Cal State University Dominguez Hills remote parking lots for a fee.

Other Information

Registration is located on concourse. Please do not cross the track surface unless directed to do so by Velodrome Director, Officials, or race promoter. Riders must wear their race numbers at all times when on the track surface, including warmup. The promoter reserves the right to shorten any of the race distances or modify the event to fit the field.

To be eligible for races, you must have a valid 2009 USA Cycling license and be a Category 1 or 2 or hold an LA Velodrome Certification. Check www.lavelodrome.org for accreditation clinics. There will be a FREE certification clinic at 3 pm on race day!! Junior gears will be enforced.

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All SCNCA Juniors race for free courtesy of SCNCA, race fee for all others is \$15. Track Usage Fees are required by the Home Depot Center. See www.lavelodrome.org for details but Track Fees are \$20 for visitors. No Bike Rentals on race day.

Junior Men and women may race together depending on field size, but will be scored separately.

THE SCHEDULE BELOW IS ONLY FOR MAY 23RD!! THERE WILL BE A DIFFERENT SCHEDULE FOR JUNE 28TH!!

Boys 15-18	200mm TT (seeding for sprints)
Girls 15-18	200mm TT (seeding for sprints)
Boys 13-14	4K Scratch
Girls 13-14	4K Scratch
Boys 15-18	Sprints First Round (top 4)
Girls 15-18	Sprints First Round (top 4)
Boys 10-12	1K Scratch
Girls 10-12	1K Scratch
Boys 15-18	Sprints Final Round (5-8, 3-4, 1-2)
Girls 15-18	Sprints Final Round (5-8, 3-4, 1-2)
Boys 13-14	Miss n Out
Girls 13-14	Miss n Out
Boys 10-12	2K Scratch
Girls 10-12	2K Scratch
Boys 15-18	8K Scratch
Girls 15-18	6K Scratch
Boys 13-14	10K Points (sprints every 8 laps)
Girls 13-14	8K Points (sprints every 8 laps)
Boys 10-12	Miss n Out
Girls 10-12	Miss n Out
Boys 15-18	15K Points (sprints every 10 laps)
Girls 15-18	10K Points (sprints every 8 laps)

